

TIPS FOR TALKING WITH LAW ENFORCEMENT FOR INDIVIDUALS WITH DISABILITIES AND CAREGIVERS

TELL THE OFFICER

Tell the officer **about your disabilities** if you're being asked to do a task, like getting out of a vehicle.

Tell the officer if you **need** them to **speak slowly, use different words, be loud or quiet**, and if you'd like them to **turn off their lights**.

Tell the officer if you **need your equipment with you**.

Tell the officer as much helpful **information** as you feel comfortable and you can.

DON'T TOUCH

Don't touch a police officer, their items, or police dogs **without permission**.

IT'S OKAY TO SAY NO

Officers might ask to speak to you or others in private. **If you feel uncomfortable, tell them you want to stay in a public place.**

OFFICERS WILL USUALLY...

Officers will usually **ask people to keep hands out of pockets**.

Officers will usually **ask for ID cards** for everyone around.

Officers will usually **write down notes** when they talk to you.

Officers will usually **offer help** when someone is **mad or sad**.

Officers will usually **ask everyone** to tell their side of **the story**.

Officers will usually **give you a paper** at the end with a report number and their badge number.

IT'S OKAY TO ASK QUESTIONS

If you **have questions** like "What might happen next?", **it's okay to ask**.

If you **don't understand** something that an officer says, it's okay to **ask them to explain**.

IT'S OKAY TO TAKE A BREAK

If you feel like you need to **take a break** when you are talking to an officer, it's okay to ask for a break.



Arizona Sexual Violence &
Disability Network

RESOURCES AND CONTACTS

FOR INDIVIDUALS WITH DISABILITIES AND CAREGIVERS

ARIZONA CENTER FOR DISABILITY LAW AKA: DISABILITY RIGHTS ARIZONA



Tucson Location: 177 N Church Ave
#800 Tucson, AZ 85701
520-327-9541
Phoenix Location: 5025 E Washington
St #202, Phoenix, AZ 85034
(602) 274-6287
azdisabilitylaw.org

BLOOM365



20403 N Lake Pleasant Rd #117-492
Peoria, AZ 85382
1-888-606-4673
bloom365.org

ABILITY360



5025 E. Washington St., Ste. 200
Phoenix, AZ 85034
1-800-280-2245
ability360.org

DEPARTMENT OF ECONOMIC SECURITY - ADULT PROTECTIVE SERVICES (APS)



1-877-SOS-ADULT
1-877-767-2385
des.az.gov/services/basic-needs/adult-protective-services

ARIZONA DEVELOPMENTAL DISABILITIES PLANNING COUNCIL



3839 N 3rd Street, Ste 306
Phoenix, AZ 85012
602-542-8970
addpc.az.gov

ARIZONA COMMISSION FOR THE DEAF AND THE HARD OF HEARING



Telephone: 602-542-3323
Video Phone: 480-559-9441
acdhh.org

THE ARC OF ARIZONA



602-234-2721
arcarizona.org

ARIZONA COALITION TO END SEXUAL AND DOMESTIC VIOLENCE



602-279-2980 Helpline
520-720-3383 Text
acesdv.org

Reach out to any of these resources if you need help, and they will do their best to assist!



AZ.
COALITION

TO END SEXUAL AND
DOMESTIC VIOLENCE



Arizona Sexual Violence &
Disability Network