

# TIPS FOR TALKING WITH LAW ENFORCEMENT FOR INDIVIDUALS WITH DISABILITIES AND CAREGIVERS

## TELL THE OFFICER

Tell the officer **about your disabilities** if you're being asked to do a task, like getting out of a vehicle.

Tell the officer if you **need** them to **speak slowly, use different words, be loud or quiet**, and if you'd like them to **turn off their lights**.

Tell the officer if you **need your equipment with you**.

Tell the officer as much helpful **information** as you feel comfortable and you can.

## DON'T TOUCH

**Don't touch** a police officer, their items, or police dogs **without permission**.

## IT'S OKAY TO SAY NO

Officers might ask to speak to you or others in private. **If you feel uncomfortable, tell them you want to stay in a public place.**

## OFFICERS WILL USUALLY...

Officers will usually **ask people to keep hands out of pockets**.

Officers will usually **ask for ID cards** for everyone around.

Officers will usually **write down notes** when they talk to you.

Officers will usually **offer help** when someone is **mad or sad**.

Officers will usually **ask everyone** to tell their side of **the story**.

Officers will usually **give you a paper** at the end with a report number and their badge number.

## IT'S OKAY TO ASK QUESTIONS

If you **have questions** like "What might happen next?", **it's okay to ask**.

If you **don't understand** something that an officer says, it's okay to **ask them to explain**.

## IT'S OKAY TO TAKE A BREAK

If you feel like you need to **take a break** when you are talking to an officer, it's okay to ask for a break.



Arizona Sexual Violence &  
**Disability Network**

# RESOURCES AND CONTACTS

## FOR INDIVIDUALS WITH DISABILITIES AND CAREGIVERS

### ARIZONA CENTER FOR DISABILITY LAW AKA: DISABILITY RIGHTS ARIZONA



Tucson Location: 177 N Church Ave  
#800 Tucson, AZ 85701  
520-327-9541  
Phoenix Location: 5025 E Washington  
St #202, Phoenix, AZ 85034  
(602) 274-6287  
[azdisabilitylaw.org](http://azdisabilitylaw.org)

### BLOOM365



20403 N Lake Pleasant Rd #117-492  
Peoria, AZ 85382  
1-888-606-4673  
[bloom365.org](http://bloom365.org)

### DEPARTMENT OF ECONOMIC SECURITY - ADULT PROTECTIVE SERVICES (APS)



1-877-SOS-ADULT  
1-877-767-2385  
[des.az.gov/services/basic-needs/adult-protective-services](http://des.az.gov/services/basic-needs/adult-protective-services)

### ABILITY360



5025 E. Washington St., Ste. 200  
Phoenix, AZ 85034  
1-800-280-2245  
[ability360.org](http://ability360.org)

### ARIZONA DEVELOPMENTAL DISABILITIES PLANNING COUNCIL



3839 N 3rd Street, Ste 306  
Phoenix, AZ 85012  
602-542-8970  
[addpc.az.gov](http://addpc.az.gov)

### ARIZONA COMMISSION FOR THE DEAF AND THE HARD OF HEARING



Telephone: 602-542-3323  
Video Phone: 480-559-9441  
[acdhh.org](http://acdhh.org)

### THE ARC OF ARIZONA



602-234-2721  
[arcarizona.org](http://arcarizona.org)

### ARIZONA COALITION TO END SEXUAL AND DOMESTIC VIOLENCE



602-279-2980 Helpline  
520-720-3383 Text  
[acesdv.org](http://acesdv.org)

Reach out to any of these resources if you need help, and they will do their best to assist!



**AZ.**  
COALITION

TO END SEXUAL AND  
DOMESTIC VIOLENCE



Arizona Sexual Violence &  
**Disability Network**